

Manitou Springs Aquatic Center

February 14th – March 4th 2004

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12:00-1:30pm Lap Swim 1:30-4:00pm Rec Swim	6:00-8:00am Lap Swim	6:00-9:00am Lap Swim	6:00-8:00am Lap Swim	6:00-9:00am Lap Swim	6:00-8:00am Lap Swim	7:30-9:00am Lap Swim
	8:05-8:50am Aquatic Fit.	9:05-9:50am Aquatic Fit.	8:05-8:50am Deep Water Aerobics	9:05-9:50am Aquatic Fit.	8:05-8:50am Aqua Power	9:05-9:50am Aquatic Fitness
	9:00-11:00am Rec Swim	10:00-10:45am Sr. Aerobics	9:00-11:00am Rec Swim	10:00-10:45 Sr. Aerobics	9:00-11:00am Recreational Swim	10:00-12:00pm Rec Swim
	11:00-11:45am Spec. Needs	11:00-2:00pm Lap Swim	11:00-11:45am Spec. Needs	11:00-2:00pm Lap Swim	11:00-11:45am Special Needs	12:00-1:30pm Lap Swim
	12:00-2:00pm Lap Swim	2:00-3:15pm Rec/Lap Swim	12:00-2:00pm Lap Swim	2:00-3:15pm Rec/Lap Swim	12:00-1:30pm Lap Swim	1:30-4:00pm Recreational Swim
	2:00-3:15pm Rec/Lap Swim	3:15-4:00pm Manitou Lessons	2:00-3:15pm Rec/Lap Swim	3:15-4:00pm Manitou Lessons	2:00-6:00pm Rec/Lap Swim	
	3:15 – 4:00pm Ute Pass Lessons	4:00-5:30pm Mantaray Swim Team	3:15-4:00pm Ute Pass Lessons	4:00-5:30pm Mantaray Swim Team		
	4:00-6:00pm Lap/Rec Swim	5:40-6:25pm Aquatic Fit.	4:00-6:00pm Lap/Rec Swim	5:40-6:25pm Aquatic Fit.		
	6:05-6:50pm Aquatic Fit.	6:30-8:30pm Lap/Rec Swim	6:05-6:50pm Aquatic Fit.	6:30-8:30pm Lap/Rec Swim		
	6:50-8:00pm Rec/Lap Swim		6:50-8:00pm Rec/Lap Swim			

Mon-Thu 6:00am-8:pm
Sundays 12:00-4:00pm

Friday 6:00am-6:00pm

Saturdays 7:30am-4:00pm

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Mon-Thu 6:00am-8:pm Friday 6:00am-6:00pm Saturdays 7:30am-4:00pm
Sundays 12:00-4:00pm